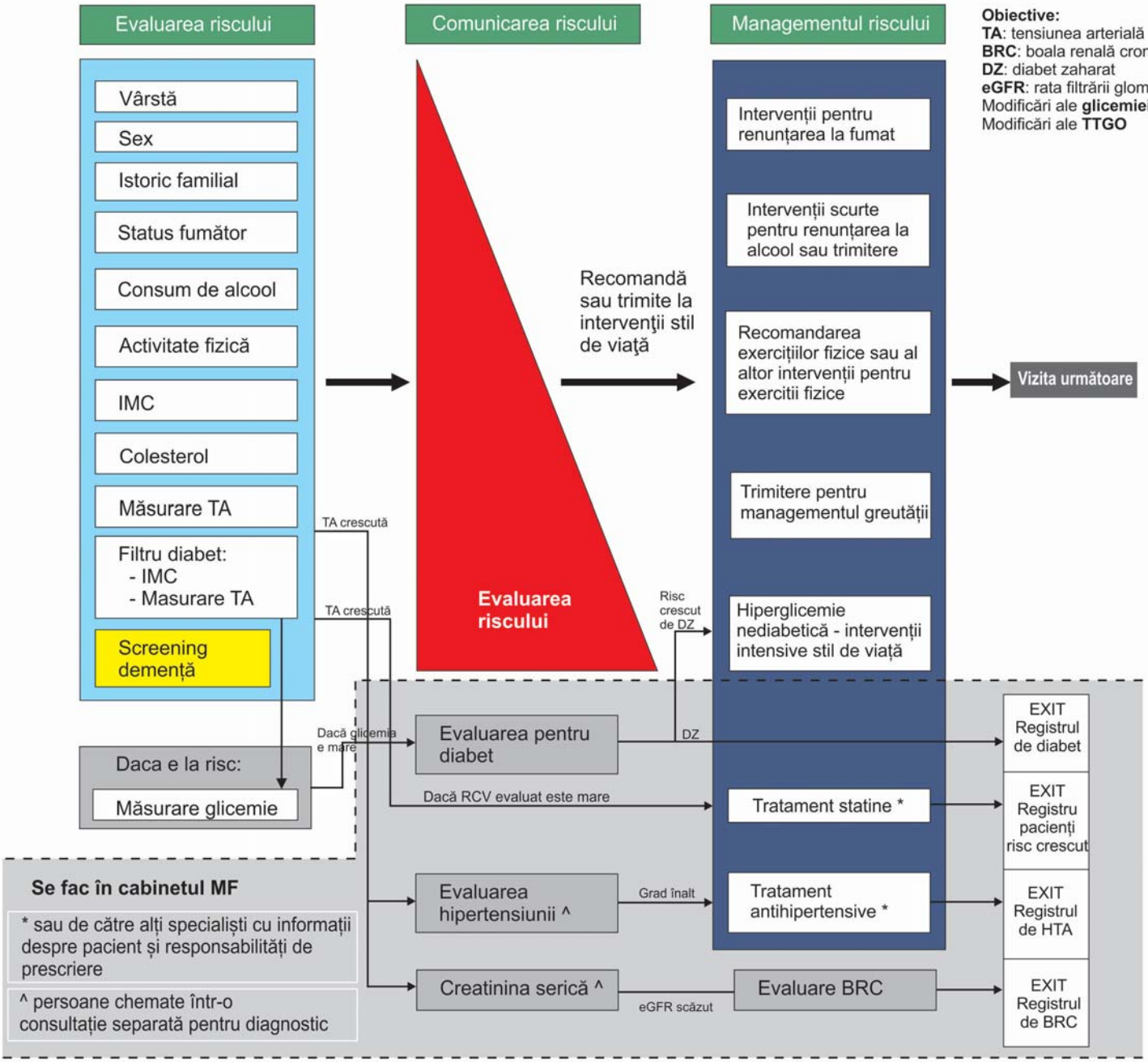Consultația preventivă 40-75 de ani